Social and Emotional Learning and Digital Citizenship
PANELISTS’ RECOMMENDED RESOURCES

Building Connections Webinar: https://casel.org/weekly-webinars/

From Commons Sense Education

- Digital Citizenship Research Backgrounder, Common Sense Education, 2021 (Slide 15) - To learn more about the research supporting digital citizenship, visit our research backgrounder.
- Digital Citizenship Curriculum landing page (Slide 19) - If you would like to see the full scope and sequence of the digital citizenship curriculum
- SEL in Digital Life Resource Center (Slide 34) - This summer we launched a resource center to host all the SEL in Digital Life resources we have developed.
- Teacher’s Essential Guide to SEL in Digital Life (Slide 35) - Common Sense created a Teacher’s Essential Guide to SEL in Digital Life where you can access the dispositions chart as well as other commonly asked questions about digital citizenship and its connection to SEL.
- SEL in Digital Life, Skills & Dispositions progression (Slide 35, Skills and dispositions) - You can view the full SEL in Digital Life Skill and Disposition chart
- Digital Citizenship Week landing page (Slide 36) - Digital citizenship week can be a great way to get started with digital citizenship at your school. This year the theme is “Social and Emotional Well-Being”.

Research:

- The Common Sense Census: Media Use By Tweens and Teens, 2019 (Slide 8) - This is our 2019 report on media use amongst tweens and teens. It provides a snapshot of the trends leading up to the start of the pandemic.
- The Common Sense Census: Media Use By Kids Ages Zero to Eight, 2020 (Slide 8) - Our 2020 report was completed a few days before lockdown started in the U.S. and it helps give a baseline understanding of the types of changes that the pandemic helped accelerate.
The Internet and the Pandemic, Pew Research Center, 2021 (Slide 7) - This report by the Pew Research center contains useful information to understand how remote work and learning have impacted the lives of people in the U.S.

Coping with COVID-19: How Young People Use Digital Media to Manage Their Mental Health, Common Sense Media, 2021 (Slide 9) - Conducted at the height of the pandemic September-December 2020, this study illustrates how young people have made use of digital media to address their mental health needs.