Demystifying Systemic Social Emotional Learning: Supportive Discipline

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What comes to mind when you hear: Explicit SEL instruction?
What comes to mind when you hear: Supportive Discipline?

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A Restorative Approach to Discipline
Practice: When discipline practices are centered around student learning, developmentally appropriate, and culturally responsive, they can reinforce SEL and support student engagement and equitable outcomes.
Policy: Discipline policies should encompass proactive strategies that focus on relationship-building, and ensure that disciplinary responses address root causes and support students social and emotional development.
Research: Continuous improvement processes should examine and address how equitably discipline responses are applied. More research is needed on the impact of restorative practices and other supportive disciplinary approaches.